

6.5.2019, Porvoonseudun kuntosuunnistus, Epoo / Borgånejdens motionsorientering, Ebbo

Rata A 6km, tilanne rasteilla, rastivälien ajat

	1. [055]	2. [032]	3. [048]	4. [041]	5. [058]	6. [035]	7. [036]	8. [037]	9. [038]	10. [047]	11. [042]	12. [039]	13. [034]	14. [054]	15. [056]	16. [044]	17. [120]	Tulos
1. Sundblom Sören	1-03.54 1-03.54	1-07.31 1-03.37	1-09.21 1-01.50	1-11.49 1-02.28	1-13.13 1-01.24	1-16.16 2-03.03	1-19.06 3-02.50	1-22.17 1-03.11	1-25.27 3-03.10	1-30.18 1-04.51	1-33.57 6-03.39	1-36.09 2-02.12	1-37.06 5-00.57	1-40.07 1-03.01	1-41.42 1-01.35	1-45.21 3-03.39	1-50.16 5-01.16	46:37
2. Parttimaa Tomi	2-04.32 2-04.32	2-08.41 2-04.09	2-10.49 2-02.08	3-14.05 12-03.16	3-15.29 1-01.24	2-18.19 1-02.50	2-21.06 3-03.48	3-24.54 4-02.37	1-27.38 2-04.53	2-32.25 2-04.53	2-36.06 3-03.41	2-38.13 1-02.07	2-39.02 2-00.49	4-23.32 4-02.30	2-44.10 4-01.38	2-47.56 3-03.46	2-49.08 3-01.12	49:08
3. Reijonen Oskari	5-04.51 5-04.51	3-09.08 3-09.17	3-11.18 3-12.10	2-13.52 2-02.34	2-15.25 4-01.33	3-18.30 3-03.05	3-21.14 1-02.44	2-24.41 2-03.27	3-27.34 2-02.53	3-33.01 3-05.27	3-36.16 1-03.15	3-38.45 4-02.29	3-39.33 1-00.48	3-42.52 3-03.19	3-44.46 6-01.54	3-48.34 4-03.48	3-50.03 4-03.48	50:03
4. Maasilta Tommi	4-04.46 4-04.46	5-09.38 4-07.52	5-12.07 8-02.29	5-15.03 3-02.56	5-16.37 5-01.34	4-20.16 9-03.39	4-23.29 9-03.13	4-27.23 9-03.54	4-31.04 3-03.01	4-36.54 7-05.50	4-40.09 1-03.15	4-42.58 7-02.49	4-43.56 7-00.58	4-47.36 5-03.40	4-49.13 3-01.37	4-52.50 5-03.31	4-54.02 3-01.12	54:02
5. Kopra Kimmo	3-04.42 3-04.42	4-09.14 4-04.32	4-11.33 5-02.19	4-14.29 3-02.56	4-16.34 15-02.05	6-20.48 16-04.14	6-24.00 6-03.12	5-27.38 3-03.38	5-31.09 7-03.31	5-37.13 9-06.04	5-41.01 8-03.48	5-43.52 10-02.51	5-44.48 3-00.56	5-48.40 8-01.50	5-50.58 5-02.50	5-53.37 8-01.56	5-55.48 7-04.03	55:48
6. Liljeström Heidi	9-05.25 9-05.25	6-10.07 6-04.42	7-12.36 8-02.29	6-15.38 6-03.02	6-17.25 9-01.47	5-20.41 5-03.16	5-23.45 5-03.04	8-29.57 19-06.12	8-33.31 8-03.34	6-39.01 4-05.30	7-43.06 9-04.05	8-46.07 13-03.01	8-47.04 5-00.57	8-51.03 9-03.59	8-52.58 7-01.55	7-56.57 6-03.59	8-58.19 8-01.22	58:19
7. Johansson Oscar	6-04.53 6-04.53	8-10.38 13-03.31	8-12.43 4-02.12	8-15.55 10-03.12	7-17.41 8-01.46	7-21.05 6-03.24	7-24.43 12-03.38	6-28.39 10-03.56	6-32.16 13-07.12	8-39.27 13-07.12	8-43.33 10-04.06	7-45.48 3-02.15	7-46.58 12-01.10	7-50.57 9-03.59	7-51.29 1-02.29	8-57.40 14-05.14	7-58.51 5-01.27	58:51
8. Liittäinen Pasi	7-05.02 7-05.02	7-10.10 8-05.08	6-12.32 6-02.22	7-15.47 11-03.15	11-19.24 19-03.37	10-22.58 8-03.34	6-03.12 9-09.49	6-29.59 9-03.35	5-33.01 6-05.45	7-39.19 6-05.45	6-42.51 8-02.50	6-45.41 8-02.50	6-46.42 8-01.01	6-50.25 6-03.43	6-52.11 8-01.56	6-56.54 13-04.33	8-58.53 7-01.59	58:53
9. Alden Jan	17-06.56 17-06.56	12-11.36 5-04.40	11-14.13 11-02.37	11-17.14 5-03.11	10-18.53 7-01.39	9-22.06 4-03.13	9-25.18 16-04.42	10-30.00 16-04.42	10-33.38 12-03.38	9-39.33 8-05.55	10-45.17 16-05.44	10-47.57 6-02.40	10-49.13 15-01.16	10-53.19 11-04.06	9-56.14 10-02.55	10-00.31 9-01.07	9-1-01.58 11-01.27	1-01:58
10. Julkunen Seppo	11-05.29 11-05.29	9-10.37 8-05.08	9-13.08 10-02.31	9-16.19 9-03.11	9-18.06 9-01.47	11-23.38 18-05.32	11-27.06 11-03.28	11-30.59 7-03.53	11-34.25 5-03.26	10-40.09 5-05.44	9-44.32 12-02.51	9-47.23 10-02.51	9-48.39 16-06.34	9-53.12 16-03.30	10-56.25 8-04.08	10-00.28 11-01.22	10-01.01 13-01.33	1-02:01
11. Eriksson Kim	10-05.28 10-05.28	10-10.54 10-05.26	10-13.19 7-02.25	10-16.26 7-03.07	8-18.00 5-01.34	8-21.39 9-03.39	7-28.50 10-03.18	7-32.26 7-03.53	11-42.00 18-09.34	11-46.49 15-04.49	11-49.52 15-03.03	11-50.55 9-01.03	11-54.47 8-03.52	11-56.50 9-02.09	11-59.04 12-04.30	11-01.20 10-01.25	11-1-02.43 10-10.26	1-02:45
12. Paukkeri Juha	8-05.16 8-05.16	14-11.48 17-06.32	17-16.10 19-04.22	17-20.55 16-04.05	17-21.47 3-01.32	17-25.56 15-04.09	16-28.52 4-02.56	15-32.40 4-03.48	16-36.45 16-04.05	17-46.48 19-10.03	15-50.07 3-03.19	14-52.39 5-02.32	14-53.35 3-00.56	14-56.57 3-03.22	13-03.09 10-02.12	12-02.58 5-03.49	12-1-04.06 1-01.08	1-04:06
13. Järvinen Pekka	13-05.58 13-05.58	15-11.54 15-05.56	13-14.32 12-02.38	12-18.00 14-03.28	12-19.51 11-01.51	12-23.46 13-03.55	14-03.46 15-04.38	12-32.10 12-35.52	12-42.16 10-06.24	12-47.00 14-04.44	12-50.52 13-07.52	12-52.02 12-01.10	12-56.17 10-05.15	12-59.02 14-02.45	13-1-04.46 12-09.28	13-1-04.46 16-05.44	13-1-06.07 13-01.27	1-06:07
14. Lönnström Meme	15-06.29 15-06.29	16-12.25 15-05.56	15-15.18 15-03.49	14-18.25 7-03.07	14-20.22 13-01.57	14-24.11 11-03.49	13-28.20 15-04.09	13-32.20 15-03.57	15-36.17 12-06.58	16-54.57 12-02.53	16-56.02 10-01.05	16-57.02 16-02.49	16-58.02 16-04.57	16-01.00 15-04.15	16-1-02.47 15-02.26	16-1-07.02 10-04.19	14-1-08.38 14-01.36	1-08:38
15. Pitkänen Ann-Sofia	16-06.54 16-06.54	17-12.46 14-05.52	16-15.29 13-02.43	15-18.45 12-03.16	15-20.48 14-02.03	15-24.16 7-03.28	15-28.33 16-04.17	15-32.40 12-04.07	13-36.01 4-03.21	14-43.27 14-07.26	17-52.29 21-09.02	17-55.19 8-02.50	17-56.28 11-01.09	17-56.28 10-02.13	17-1-00.41 12-03.36	17-1-03.01 11-02.20	15-1-07.21 11-04.20	1-08:45
16. Julku Päivi	14-06.13 14-06.13	13-11.45 11-05.32	14-14.54 16-03.09	16-19.04 18-04.10	16-21.09 15-02.05	16-25.15 14-04.06	17-28.56 13-03.41	17-33.50 14-04.34	17-37.40 17-04.10	15-44.15 11-06.35	13-47.51 5-03.36	12-50.52 13-03.01	13-52.17 15-03.25	13-56.33 15-04.18	14-1-01.23 19-04.24	16-1-07.27 17-06.04	16-1-09.21 17-01.54	1-09:21
17. Vepsälänpö Paul	12-05.55 12-05.55	11-11.27 11-05.32	12-14.23 15-02.56	13-18.12 15-03.49	13-20.08 12-01.56	13-24.02 12-03.54	13-28.20 17-04.18	14-32.20 13-04.19	14-36.07 6-03.28	16-54.35 17-08.58	14-49.46 13-04.41	15-53.03 16-03.17	15-54.18 14-01.15	15-59.05 17-04.47	15-02.44 17-03.19	17-1-04.28 18-06.06	17-1-10.17 16-01.47	1-10:17
18. Juppainen Helena	18-07.11 18-07.11	18-15.05 18-07.54	18-18.36 17-03.31	18-22.45 17-04.29	18-25.12 17-02.27	18-30.15 17-05.03	18-34.38 18-04.23	18-39.59 17-05.21	18-44.57 18-04.58	18-53.11 15-08.14	18-57.48 12-04.37	18-1-02.41 18-04.53	18-1-04.11 18-09.29	18-1-05.19 18-01.33	18-1-12.05 18-02.36	18-1-17.44 15-05.39	18-1-19.25 7-01.31	1-19:25
19. Huhtala Timo	19-08.36 19-08.36	19-16.49 18-09.13	19-20.54 18-04.05	19-25.43 19-04.49	19-28.20 18-02.37	19-34.03 20-05.43	19-39.00 19-04.57	19-45.51 20-06.51	19-51.54 19-06.03	19-1-00.37 16-08.43	19-1-06.42 17-06.05	19-1-12.18 19-01.36	19-1-13.55 20-01.37	19-1-22.25 20-01.30	19-1-26.05 18-03.40	19-1-32.53 19-06.48	19-1-35.41 21-02.48	1-35:41
20. Rytönen Antti	20-08.48 20-08.48	20-20.26 19-11.38	20-25.28 20-05.02	20-30.30 20-05.02	20-34.19 20-03.49	20-39.59 19-05.40	20-45.04 20-05.05	20-50.50 20-06.43	20-56.33 20-11.53	20-1-13.31 20-1-19.08	20-1-25.17 18-03.27	20-1-26.33 20-1-15.16	20-1-26.33 20-1-15.16	20-1-26.33 19-05.33	20-1-32.06 20-08.26	20-1-47.31 20-08.26	20-1-50.50 20-02.19	1-50:50
21. Lehtonen Tomi	21-12.47 21-12.47	21-25.09 21-12.22	21-31.57 21-06.48	21-38.13 21-06.16	21-42.37 21-04.24	21-52.53 21-10.16	21-1-05.25 21-12.32	21-1-16.01 21-10.36	21-1-25.17 21-09.16	21-1-35.45 20-10.28	21-1-43.39 19-07.54	21-1-48.37 19-04.58	21-1-50.37 21-02.00	21-1-58.24 20-07.47	21-2-13.11 21-14.47	21-2-20.25 20-07.14	21-2-22.33 19-02.08	2-22:33

Rata B 4,5km, tilanne rasteilla, rastivälien ajat

	1. [045]	2. [055]	3. [049]	4. [032]	5. [058]	6. [041]	7. [058]	8. [047]	9. [034]	10. [039]	11. [042]	12. [057]	13. [054]	14. [040]	15. [044]	16. [120]	Tulos
1. Nordgren Simon	1-01.35 1-01.35	5-06.04 2-08.56	2-08.56 1-02.52	1-15.46 4-06.50	2-18.36 3-02.50	2-23.10 14-04.34	2-24.40 3-01.30	1-28.03 1-03.23	1-32.16 25-04.13	2-33.22 7-01.06	2-35.52 2-02.30	1-37.57 6-02.05	1-39.10 3-01.13	1-42.30 2-03.20	1-44.05 1-01.35	1-45.21 1-01.16	45:21
2. Stenbäck Peter	4-01.53 4-01.53	3-05.47 5-03.54	5-09.25 7-03.38	2-16.03 3-06.38	1-18.25 1-02.22	2-22.27 6-04.02	1-24.10 6-01.43	2-28.27 4-04.17	2-32.18 13-08.51	1-33.14 4-00.56	2-36.04 16-02.20	2-38.33 2-01.39	2-40.95 3-03.18	2-43.20 3-01.54	2-45.24 3-01.54	2-46.55 7-01.31	46:55
3. Uusi-Simola Arto	9-02.07 9-02.07	4-05.52 4-03.45	4-09.23 5-03.31	4-16.36 7-07.13	3-19.32 5-02.56	4-23.54 11-04.22	5-25.40 7-01.46	3-29.13 2-03.33	3-33.34 6-03.21	3-36.47 9-01.07	3-38.55 11-03.06	3-39.25 9-02.08	3-40.95 3-01.10	3-44.12 16-04.07	3-46.47 27-02.35	3-48.26 12-01.39	48:26
4. Nordgren Sofia	13-02.10 13-02.10	15-06.55 22-04.45	11-10.53 17-03.58	10-18.37 10-07.44	9-21.43 8-03.06	8-25.44 5-04.01	8-27.25 4-01.41	5-31.24 3-03.59	5-34.44 5-03.20	5-35.54 10-01.10	4-38.34 4-02.40	4-40.48 13-02.14	4-42.11 8-01.23	4-46.06 9-03.55	4-47.52 2-01.46	4-49.23 7-01.31	49:23
5. Nystrom Matias	33-03.04 33-03.04	11-06.37 1-03.33	7-09.56 3-03.19	6-17.06 6-07.10	4-19.46 2-02.40	3-23.24 2-03.38	3-25.22 5-04.25	4-29.47 1-03.10	4-32.57 1-00.54	4-33.51 4-08.57	5-39.48 10-02.09	5-41.57 1-01.08	5-43.05 5-06.39	5-46.39 5-03.34	5-48.51 9-02.12	5-50.12 4-01.21	50:12
6. Höglund Kurt	6-02.00 6-02.00	2-05.34 2-03.34	3-09.07 6-03.33	3-16.32 8-07.25	5-20.03 17-03.37	7-24.23 12-04.34	7-26.20 8-01.47	6-31.48 23-05.28	6-35.02 2-03.14	6-36.08 7-01.06	7-40.49 43-04.41	6-43.02 12-03.12	6-44.17 7-01.15	6-48.03 7-03.46	6-50.28 17-02.25	6-51.59 7-01.31	51:59
7. Lillandt Michael	2-01.45 2-01.45	1-05.20 3-03.35	1-08.36 2-03.16	7-17.34 20-08.58	7-20.28 4-02.54	4-23.54 1-03.26	2-25.22 2-01.28	10-33.53 44-08.31	9-37.31 11-03.38	9-38.26 2-00.55	8-41.31 10-03.05	7-43.19 1-01.48	7-44.29 3-01.10	7-48.24 9-03.55	7-51.00 28-02.36	7-52.16 1-01.16	52:16
8. Sahamies Joonas	9-02.07 9-02.07	7-06.16 8-04.09	9-10.24 12-04.08	8-18.26 15-08.02	8-21.39 10-02.13	9-26.16 18-04.37	9-28.03 22-05.26	8-33.29 29-04.20	10-37.49 2-00.55	10-38.44 2-00.55	11-42.25 24-03.41	9-44.15 2-01.50	9-45.23 1-01.08	9-49.05 6-03.39	9-53.58 3-02.51	8-53.09 1-01.16	53:09
9. Saukonoja Jouni	11-02.08 11-02.08	9-06.32 11-04.24	10-10.52 15-04.20	9-18.35 9-07.43	10-22.28 22-03.52	10-26.44 9-04.17	11-28.53 23-02.09	7-33.25 8-04.32	6-38.5								