

## Väliajat 2019-06-17

### Rata A 5,4km, tilanne rasteilla, rastivälien ajat

	1. [121]	2. [122]	3. [123]	4. [124]	5. [125]	6. [126]	7. [127]	8. [128]	9. [129]	10. [140]	11. [141]	12. [142]	13. [143]	14. [144]	15. [145]	16. [240]	17. [230]	18. [120]	Tulos
1. Eriksson Kim	3-03:45 3-03:45	2-05:14 2-01:29	1-11:31 2-06:17	1-15:19 4-03:48	2-21:44 2-06:25	1-23:34 1-01:50	2-28:52 2-05:18	1-30:56 1-02:04	1-32:13 1-01:17	1-38:01 1-05:48	1-42:07 1-04:06	1-44:13 3-02:06	1-46:54 2-02:41	1-55:28 1-08:34	1-56:42 1-01:14	1-58:20 1-01:38	1-58:58 2-00:38	1-59:32 2-00:34	59:32
2. Lehto Jaakko	5-04:44 5-04:44	4-06:14 3-01:30	3-12:54 3-06:40	3-15:27 2-02:33	4-25:36 7-10:09	4-29:28 6-03:52	4-34:56 3-05:28	4-37:12 3-02:16	4-38:32 2-01:20	2-45:22 2-06:50	2-50:19 3-04:57	2-52:12 1-01:53	2-55:39 5-03:27	2-1:07:36 2-11:57	2-1:08:56 2-01:20	2-1:10:56 5-02:00	2-1:11:40 4-00:44	2-1:13:09 7-01:29	1:13:09
3. Jumppanen Jarmo	4-04:26 4-04:26	4-06:14 5-01:48	2-12:06 1-05:52	4-16:27 6-04:21	3-24:27 4-08:00	3-26:50 4-02:23	3-33:18 5-06:28	3-36:03 5-02:45	3-38:01 6-01:58	3-45:34 3-07:33	3-50:41 4-05:07	3-53:24 6-02:43	3-57:58 7-04:34	3-1:11:03 4-13:05	3-1:13:04 6-02:01	3-1:15:20 6-02:16	3-1:16:07 5-00:47	3-1:16:42 3-00:35	1:16:42
4. Nyström Matias	1-03:14 1-03:14	1-04:37 1-01:23	4-12:55 5-08:18	2-15:24 1-02:29	1-21:16 1-05:52	2-23:54 5-02:38	1-28:27 1-04:33	2-31:50 6-03:23	2-33:26 4-01:36	5-51:23 7-17:57	4-55:30 2-04:07	4-57:34 2-02:04	4-59:56 1-02:22	4-1:12:21 3-12:25	4-1:14:04 3-01:43	4-1:15:46 3-01:42	4-1:16:28 3-00:42	4-1:17:14 5-00:46	1:17:14
5. Seppälä Kari	6-05:01 6-05:01	6-07:09 6-02:08	6-18:34 6-11:25	6-22:52 5-04:18	7-32:50 5-09:58	6-34:40 1-01:50	6-40:44 4-06:04	6-43:26 4-02:42	6-45:06 5-01:40	6-52:40 4-07:34	6-58:01 5-05:21	6-1:00:13 5-02:12	6-1:03:26 4-03:13	5-1:20:36 6-17:10	5-1:22:26 4-01:50	5-1:24:18 4-01:52	5-1:25:13 6-00:55	5-1:26:02 6-00:49	1:26:02
6. Nevalainen Jarkko	2-03:44 2-03:44	3-05:20 4-01:36	7-20:18 7-14:58	7-23:11 3-02:53	5-29:41 3-06:30	5-31:44 3-02:03	5-38:32 6-06:48	5-40:42 2-02:10	5-42:13 3-01:31	4-50:29 5-08:16	5-57:08 7-06:39	5-59:19 4-02:11	5-1:02:23 3-03:04	6-1:21:41 7-19:18	6-1:25:49 7-04:08	6-1:27:29 2-01:40	6-1:28:00 1-00:31	6-1:28:32 1-00:32	1:28:32
7. Ahlqvist Hannu	7-07:24 7-07:24	7-09:57 7-02:33	5-18:07 4-08:10	5-22:41 7-04:34	6-32:49 6-10:08	7-41:58 7-09:09	7-50:20 7-08:22	7-57:44 7-07:24	7-59:53 7-02:09	7-1:12:24 6-12:31	7-1:18:42 6-06:18	7-1:21:32 7-02:50	7-1:25:45 6-04:13	7-1:41:35 5-15:50	7-1:43:31 5-01:56	7-1:46:12 7-02:41	7-1:47:11 7-00:59	7-1:47:54 4-00:43	1:47:54

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	1. [123]	2. [124]	3. [125]	4. [127]	5. [128]	6. [140]	7. [141]	8. [142]	9. [122]	10. [239]	11. [145]	12. [240]	13. [230]	14. [120]	Tulos
1. Eriksson Patrick	7-04:44 7-04:44	8-08:56 13-04:12	3-17:24 4-08:28	3-22:04 2-04:40	3-26:22 12-04:18	2-32:05 3-05:43	2-36:32 12-04:27	2-38:51 3-02:19	2-41:44 1-02:53	2-52:54 3-11:10	1-55:20 1-02:26	1-59:26 20-04:06	1-1:00:19 16-00:53	1-1:00:58 9-00:39	1:00:58
2. Jauhainen Pentti	3-04:29 3-04:29	1-07:20 1-02:51	1-14:42 1-07:22	1-20:01 5-05:19	1-22:58 4-02:57	1-28:32 1-05:34	1-34:25 17-05:53	1-37:11 12-02:46	1-40:12 2-03:01	1-50:53 2-10:41	2-58:38 19-07:45	2-1:00:52 9-02:14	2-1:01:44 14-00:52	2-1:02:32 18-00:48	1:02:32
3. Pitkänen Ann-Sofi	12-05:04 12-05:04	12-09:38 17-04:34	6-18:37 9-08:59	7-24:25 12-05:48	5-27:37 7-03:12	4-34:04 7-06:27	3-38:28 2-04:24	4-41:07 9-02:39	4-44:25 6-03:18	4-56:33 9-12:08	4-1:01:06 13-04:33	4-1:03:29 13-02:23	4-1:04:14 9-00:45	4-1:04:52 7-00:38	1:04:52
4. Elomaa Pekka	13-05:07 13-05:07	7-08:51 11-03:44	10-19:34 12-10:43	10-26:20 13-06:46	7-29:05 2-02:45	6-35:41 10-06:36	5-41:05 14-05:24	5-43:39 7-02:34	5-47:40 13-04:01	5-1:00:17 11-12:37	5-1:03:30 6-03:13	5-1:06:03 16-02:33	5-1:06:58 18-00:55	5-1:07:45 17-00:47	1:07:45
5. Nyström Jan-Eric	11-05:03 11-05:03	18-12:40 21-07:37	13-23:25 13-10:45	13-29:07 8-05:42	10-31:56 3-02:49	8-38:18 5-06:22	7-43:18 9-05:00	7-46:04 12-02:46	6-49:38 10-03:34	6-1:01:19 5-11:41	6-1:04:34 7-03:15	6-1:06:50 10-02:16	6-1:07:48 19-00:58	6-1:08:37 19-00:49	1:08:37
6. Reponen Jarmo	16-05:35 16-05:35	9-09:09 9-03:34	12-21:11 17-12:02	12-28:27 16-07:16	8-31:40 8-03:13	9-39:46 12-08:06	9-44:48 10-05:02	9-47:56 17-03:08	9-51:46 11-03:50	8-1:03:52 8-12:06	8-1:07:18 8-03:26	7-1:09:29 8-02:11	7-1:10:22 16-00:53	7-1:11:13 20-00:51	1:11:13
7. Karjalainen Heikki	6-04:35 6-04:35	5-07:49 4-03:14	9-19:23 15-11:34	5-23:56 1-04:33	2-26:19 1-02:23	7-37:52 15-11:33	6-42:41 7-04:49	6-45:00 3-02:19	7-49:42 19-04:42	7-1:03:41 13-13:59	7-1:06:19 2-02:38	8-1:09:49 19-03:30	8-1:10:33 5-00:44	8-1:11:14 10-00:41	1:11:14
8. Svärd Rune	2-04:17 2-04:17	16-11:03 20-06:46	4-18:32 2-07:29	4-23:16 3-04:44	13-40:11 20-16:55	10-45:53 2-05:42	10-50:25 4-04:32	10-53:26 15-03:01	10-56:33 3-03:07	9-1:05:30 1-08:57	9-1:08:34 5-03:04	9-1:10:27 3-01:53	9-1:11:13 11-00:46	9-1:11:56 14-00:43	1:11:56
9. Honkanen Mari	14-05:08 14-05:08	6-08:23 5-03:15	7-18:39 11-10:16	11-27:50 20-09:11	9-31:49 11-03:59	12-47:22 18-15:33	11-51:20 1-03:58	11-53:30 2-02:10	11-57:25 12-03:55	11-1:09:57 10-12:32	10-1:12:35 2-02:38	10-1:15:30 18-02:55	10-1:16:17 12-00:47	10-1:16:51 3-00:34	1:16:51
10. Yli-Ikkälä Jenni	9-05:00 9-05:00	10-09:30 16-04:30	11-20:29 14-10:59	9-26:05 7-05:36	6-29:03 5-02:58	5-35:34 9-06:31	8-44:25 20-08:51	8-46:50 6-02:25	8-50:18 8-03:28	10-1:09:46 19-19:28	11-1:13:52 10-04:06	11-1:15:54 5-02:02	11-1:16:36 4-00:42	11-1:17:13 5-00:37	1:17:13
11. Rantanen Sinikka	21-08:58 21-08:58	24-19:29 22-10:31	19-28:26 8-08:57	19-34:12 10-05:46	14-40:31 15-06:19	11-47:21 11-06:50	12-53:48 18-06:27	12-56:08 5-02:20	12-59:23 5-03:15	12-1:11:26 7-12:03	12-1:15:45 12-04:19	12-1:17:14 1-01:29	12-1:17:49 1-00:35	12-1:18:18 1-00:29	1:18:18
12. Sternberger EErik	1-04:10 1-04:10	2-07:25 5-03:15	2-15:43 3-08:18	2-20:42 4-04:59	18-50:27 22-29:45	14-56:53 6-06:26	14-1:01:37 6-04:44	14-1:03:37 1-02:00	14-1:06:47 4-03:10	13-1:18:09 4-11:22	13-1:26:18 20-08:09	13-1:27:49 2-01:31	13-1:28:29 2-00:40	13-1:29:00 2-00:31	1:29:00
13. Hoikka Jouni	20-06:35 20-06:35	14-10:17 10-03:42	8-18:55 5-08:38	8-25:42 14-06:47	15-41:33 19-15:51	13-47:47 4-06:14	13-55:37 19-07:50	13-58:31 14-02:54	13-1:02:01 9-03:30	14-1:23:55 20-21:54	14-1:28:02 11-04:07	14-1:30:12 7-02:10	14-1:31:04 14-00:52	14-1:31:38 3-00:34	1:31:38
14. Andersson Jennifer	18-05:51 18-05:51	15-10:31 18-04:40	18-25:41 19-15:10	18-33:36 18-07:55	21-53:24 21-19:48	16-1:04:13 14-10:49	16-1:09:44 15-05:31	18-1:13:37 18-03:53	18-1:17:49 14-04:12	15-1:31:38 12-13:49	15-1:35:10 9-03:32	15-1:37:11 4-02:01	15-1:37:59 13-00:48	15-1:38:43 16-00:44	1:38:43
15. Lindberg Barbro	10-05:02 10-05:02	22-16:09 23-11:07	20-32:32 20-16:23	21-45:46 22-13:14	20-51:58 14-06:12	17-1:05:07 16-13:09	18-1:10:25 12-05:18	16-1:13:06 11-02:41	17-1:17:31 17-04:25	17-1:31:55 15-14:24	16-1:36:47 15-04:52	16-1:39:15 15-02:28	16-1:39:59 5-00:44	16-1:40:36 5-00:37	1:40:36

16. Eklöv Leila	8-04:48 8-04:48	21-16:08 24-11:20	21-32:44 21-16:36	20-44:08 21-11:24	19-51:57 16-07:49	18-1:05:15 17-13:18	17-1:10:08 8-04:53	17-1:13:11 16-03:03	16-1:17:29 16-04:18	16-1:31:50 14-14:21	17-1:36:48 16-04:58	16-1:39:15 14-02:27	16-1:39:59 5-00:44	17-1:40:37 7-00:38	1:40:37
17. Ojala Antti	24-15:04 24-15:04	23-19:26 15-04:22	22-47:29 22-28:03	22-55:05 17-07:36	22-58:56 9-03:51	19-1:07:42 13-08:46	19-1:13:17 16-05:35	19-1:15:57 10-02:40	19-1:20:10 15-04:13	19-1:37:56 17-17:46	18-1:40:49 4-02:53	18-1:43:08 12-02:19	18-1:43:52 5-00:44	18-1:44:33 10-00:41	1:44:33
18. Hoikka Katja	19-05:56 19-05:56	13-09:59 12-04:03	17-24:15 18-14:16	17-32:33 19-08:18	12-37:17 13-04:44	15-1:02:59 19-25:42	15-1:08:14 11-05:15	15-1:12:54 19-04:40	15-1:17:25 18-04:31	18-1:36:40 18-19:15	19-1:42:25 18-05:45	19-1:44:34 6-02:09	19-1:45:15 3-00:41	19-1:45:58 14-00:43	1:45:58
19. Huhtala Timo	17-05:40 17-05:40	17-12:20 19-06:40	16-23:54 15-11:34	16-30:56 15-07:02	11-34:50 10-03:54	20-1:08:48 20-33:58	20-1:14:09 13-05:21	20-1:18:59 20-04:50	20-1:24:26 20-05:27	20-1:39:40 16-15:14	20-1:44:39 17-04:59	20-1:47:21 17-02:42	20-1:48:21 20-01:00	20-1:49:02 10-00:41	1:49:02

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1. Nokelainen Reijo	1. [122] 3-07:56 3-07:56	2. [142] 1-11:06 1-03:10	3. [146] 1-17:00 1-05:54	4. [147] 1-20:05 2-03:05	5. [123] 3-23:01 13-02:56	6. [148] 2-24:07 1-01:06	7. [238] 1-27:25 1-03:18	8. [239] 2-30:05 7-02:40	9. [144] 1-32:26 1-02:21	10. [145] 1-33:47 1-01:21	11. [240] 1-35:33 1-01:46	12. [230] 1-36:16 1-00:43	13. [120] 1-36:54 3-00:38	Tulos 36:54
2. Ahl Kim	1-07:08 1-07:08	3-11:11 6-04:03	2-17:15 2-06:04	3-20:43 4-03:28	1-22:31 1-01:48	1-23:42 2-01:11	2-27:35 3-03:53	1-30:02 5-02:27	2-32:27 2-02:25	2-33:58 2-01:31	2-35:53 2-01:55	2-36:40 2-00:47	2-37:24 8-00:44	37:24
3. Riikonen Heimo	2-07:33 2-07:33	2-11:07 2-03:34	3-17:38 5-06:31	2-20:42 1-03:04	2-22:40 5-01:58	4-26:22 15-03:42	4-30:00 2-03:38	3-32:15 1-02:15	3-34:42 3-02:17	3-36:18 3-01:36	3-38:33 3-02:15	3-39:24 4-00:51	3-40:08 8-00:44	40:08
4. Furu Göran	5-08:24 5-08:24	4-12:20 3-03:56	4-18:46 4-06:26	4-22:33 6-03:47	4-24:24 2-01:51	3-25:36 3-01:12	3-29:54 4-04:18	4-33:07 12-03:13	4-36:47 10-03:40	4-38:30 4-01:43	4-40:54 6-02:24	4-41:49 10-00:55	4-42:36 11-00:47	42:36
5. Ahlqvist Kristiina	4-08:12 4-08:12	5-12:50 8-04:38	5-19:33 7-06:43	5-23:12 5-03:39	5-25:23 8-02:11	5-27:14 11-01:51	5-33:09 13-05:55	5-35:34 4-02:25	5-40:08 13-04:34	5-42:15 10-02:07	5-44:55 8-02:40	5-45:47 6-00:52	5-46:31 8-00:44	46:31
6. Talka Timo	6-08:26 6-08:26	7-13:37 9-05:11	6-20:36 8-06:59	6-24:54 11-04:18	6-26:47 3-01:53	6-28:38 11-01:51	6-34:02 7-05:24	6-36:36 6-02:34	6-41:40 14-05:04	6-43:38 7-01:58	6-46:21 9-02:43	6-47:12 4-00:51	6-47:47 1-00:35	47:47
7. Nygård Roger	7-09:14 7-09:14	6-13:22 7-04:08	7-21:23 10-08:01	7-25:36 9-04:13	7-27:45 7-02:09	7-29:08 4-01:23	7-34:32 7-05:24	7-37:42 11-03:10	7-42:06 12-04:24	7-43:49 4-01:43	7-46:28 7-02:39	7-47:20 6-00:52	7-48:03 5-00:43	48:03
8. Windahl Leni	9-10:15 9-10:15	8-14:17 5-04:02	9-24:24 15-10:07	8-28:18 7-03:54	8-30:50 11-02:32	8-32:18 6-01:28	8-37:11 6-04:53	8-40:15 8-03:04	8-43:37 8-03:22	8-45:33 6-01:56	8-47:49 4-02:16	8-48:41 6-00:52	8-49:17 2-00:36	49:17
9. Rönn Ralf	8-09:50 8-09:50	9-15:26 13-05:36	8-23:17 9-07:51	12-32:23 16-09:06	11-34:37 5-01:27	11-36:04 5-04:41	10-40:45 6-02:34	10-44:03 13-03:18	9-47:14 5-04:14	9-49:18 9-02:04	9-52:30 13-03:12	9-53:52 16-01:22	9-54:58 17-01:06	54:58
10. Aho Jenni	15-15:26 15-15:26	13-19:22 3-03:56	10-26:03 6-06:41	9-29:30 3-03:27	9-31:34 6-02:04	9-33:16 9-01:42	9-38:42 9-05:26	9-41:06 2-02:24	11-49:21 15-08:15	11-51:29 11-02:08	10-53:47 5-02:18	10-54:40 9-00:53	10-55:19 4-00:39	55:19
11. Paikkala Jarmo	10-11:54 10-11:54	10-17:36 15-05:42	10-26:03 12-08:27	11-31:05 12-05:02	10-34:01 13-02:56	10-35:51 10-01:50	11-41:27 11-05:36	11-45:07 15-03:40	10-48:46 9-03:39	10-51:14 13-02:28	11-54:48 14-03:34	11-56:05 15-01:17	11-56:48 5-00:43	56:48
12. Green Mats	16-17:58 16-17:58	16-23:11 10-05:13	15-29:31 3-06:20	14-33:38 8-04:07	12-35:31 3-01:53	13-37:59 14-02:28	14-47:38 15-09:39	12-50:02 2-02:24	12-52:38 4-02:36	12-54:49 12-02:11	12-57:39 10-02:50	12-58:52 13-01:13	12-59:46 13-00:54	59:46
13. Åberg Leea	11-12:09 11-12:09	12-18:20 16-06:11	13-28:21 14-10:01	13-33:29 13-05:08	13-35:52 10-02:23	12-37:22 7-01:30	12-43:25 14-06:03	13-50:34 16-07:09	13-53:33 5-02:59	13-56:28 16-02:55	13-1:00:13 15-03:45	13-1:01:16 11-01:03	13-1:01:59 5-00:43	1:01:59
14. Yli-Ikkela Marika	12-12:16 12-12:16	11-17:45 12-05:29	12-26:07 11-08:22	10-30:33 11-04:26	15-41:44 16-11:11	15-43:15 8-01:31	15-48:58 12-05:43	15-52:03 9-03:05	14-56:02 11-03:59	14-58:04 8-02:02	14-1:01:09 11-03:05	14-1:02:19 12-01:10	14-1:03:13 13-00:54	1:03:13
15. Sjöholm Anders	13-13:28 13-13:28	14-19:47 17-06:19	14-28:34 13-08:47	15-34:31 14-05:57	14-37:11 12-02:40	14-42:00 16-04:49	13-47:34 10-05:34	14-51:10 14-03:36	15-1:02:31 16-11:21	15-1:05:10 15-02:39	15-1:08:16 12-03:06	15-1:09:30 14-01:14	15-1:10:27 16-00:57	1:10:27
16. Raitanen Emma	14-15:21 14-15:21	15-21:00 14-05:39	16-1:07:08 16-46:08	16-1:13:11 15-06:03	16-1:20:00 15-06:49	16-1:22:23 13-02:23	16-1:34:32 16-12:09	16-1:37:38 10-03:06	16-1:40:59 7-03:21	16-1:43:31 14-02:32	16-1:51:17 16-07:46	16-1:52:06 3-00:49	16-1:52:58 12-00:52	1:52:58

### Rata D 1,4km, tilanne rasteilla, rastivälien ajat

1. Johansson Micaela	1. [237] 1-03:49 1-03:49	2. [238] 1-07:39 2-03:50	3. [239] 1-10:16 2-02:37	4. [144] 1-12:42 1-02:26	5. [145] 2-15:25 3-02:43	6. [240] 2-17:51 2-02:26	7. [230] 1-18:41 2-00:50	8. [120] 1-19:20 1-00:39	Tulos 19:20
2. Wickholm Roger	2-04:20 2-04:20	2-08:05 1-03:45	2-10:39 1-02:34	2-13:05 1-02:26	1-15:00 1-01:55	1-17:46 3-02:46	2-18:43 3-00:57	2-19:22 1-00:39	19:22
3. Wickholm Robert	4-06:28 4-06:28	3-11:28 3-05:00	3-14:14 3-02:46	3-17:19 3-03:05	3-19:35 2-02:16	3-23:29 4-03:54	3-25:21 4-01:52	3-26:58 4-01:37	26:58

4. Reijman Niklas	3-04:49	4-15:16	4-18:45	5-32:31	5-37:25	5-39:45	4-40:28	4-41:18	41:18
	3-04:49	6-10:27	4-03:29	5-13:46	5-04:54	1-02:20	1-00:43	3-00:50	
5. Åberg Silvi	6-09:56	6-19:41	6-25:31	4-30:56	4-35:17	4-39:39	5-41:59	5-44:57	44:57
	6-09:56	5-09:45	6-05:50	4-05:25	4-04:21	5-04:22	5-02:20	5-02:58	